

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

- Scrambled Eggs
- Turkey Sausage or Bacon
- Stone Ground Grits
- Hash Browns
- Fresh Watermelon

- ½ lb. Cheeseburgers (Served with American Cheese, Lettuce, Tomato, & Pickles)
- Sweet Butter Corn
- Southern Green Beans

- Pork Tenderloin w/ Roasted Apples (Protein Substitute Available for non-pork eaters)
- Mashed Baby Red Potatoes
- Honey & Thyme Fresh Baby Carrots
- Hawaiian Rolls
- Dessert

- Scrambled Eggs
- Turkey or Pork Sausage
- Stone Ground Grits
- French Toast
- Cantaloupe (May Vary - Based on Availability)

- 100% Beef Hot Dogs
- Crisp Coleslaw
- Baked Beans

- 3 Cheese and Beef Baked Ziti
- Cauliflower, Carrot & Broccoli Vegetable Medley
- Fresh Garden Salad
- Garlic Cheese Bread
- Dessert

- Cereal, Oatmeal or Grits
- Fresh Grapes
- Nature Valley Granola Bar
- Hard Boiled Eggs

- Barbeque Chopped Chicken Sandwiches (Served on fresh bun, extra barbeque sauce, dill pickles)
- Tri Color Veggie Pasta Salad
- Assorted Chips
- Cookies

- Pizza Night (Cheese, Veggie, Pepperoni, Supreme - Regular Crust, Thin Crust) - Gluten Free Available with Notice
- Fresh Garden Salad
- Ice Cream

- Scrambled Eggs
- Turkey or Pork Sausage
- Stone Ground Grits
- Biscuits & Gravy
- Watermelon (May Vary - Based on Availability)

- Power Bowl w/ Grilled Chicken Breast (Served with Chipotle & Avocado Ranch, & Fiesta Shredded Cheese)
- Whole Grain Brown Rice
- Corn Salad
- Chips & Salsa

- Southern Fried Bone-In Chicken Thighs
- Twice Baked Mac & Cheese
- Southern Collard Greens
- Sweet Hawaiian Roll
- Dessert

- Scrambled Eggs
- Stone Ground Grits
- Turkey Sausage or Bacon
- Buttermilk Pancakes
- Fresh Chopped Pineapple (May Vary - Based on Availability)

- Savory Shepherd's Pie
- Garden Salad
- Hawaiian Rolls

- Herb Roasted Chicken
- Red Potatoes
- Braised Cabbage
- Garlic Cheese Bread
- Dessert

- Build Your Own Parfait
 - Assorted Yogurts, Cottage Cheese, Fresh Strawberries, Granola, Honey
- Donuts
- Hard Boiled Eggs

- Italian Beef Meatball Hoagies (Served w/ A Fresh Hoagie Roll, Tomato Basil Marinara and Sliced Provolone Cheese)
- Fresh Garden Salad
- Assorted Chips
- Snack Cake

- Build-Your-Own Tacos
- Shredded taco cheese, sour cream
- Black Beans
- White Rice
- Chips & Salsa
- Dessert

- Jimmy Dean Breakfast Sandwich
- Yogurt
- Granola Bar

- Deli Sandwich - Sliced Turkey (Served w/ assorted cheese, lettuce, tomato, pickles)
- Macaroni Salad
- Trail Mix
- Cookies

- Pizza Night (Cheese, Veggie, Pepperoni, Supreme - Regular Crust) -Gluten Free Available w/ Notice
- Fresh Garden Salad
- Ice Cream

Week 2

	BREAKFAST	LUNCH	DINNER
MONDAY	<ul style="list-style-type: none"> • Scrambled Eggs • Turkey Sausage or Bacon • Stone Ground Grits • Hash Browns • Fresh Watermelon 	<ul style="list-style-type: none"> • ½ lb. Cheeseburgers (Served with American Cheese, Lettuce, Tomato, & Pickles) • Sweet Butter Corn • Southern Style Green Beans 	<ul style="list-style-type: none"> • Herb Roasted Pork Tenderloin • (Protein Substitute Available for non-pork eaters) • Loaded Baked Potato (Served with Sour Cream, Shredded Cheese, and Green Onions) • Peas & Carrots • Hawaiian Rolls • Dessert
TUESDAY	<ul style="list-style-type: none"> • Scrambled Eggs • Turkey or Pork Sausage • Stone Ground Grits • French Toast • Cantaloupe (May Vary - Based on Availability) 	<ul style="list-style-type: none"> • Salisbury Steak • Mashed Potatoes • Fresh Cabbage • Sweet Hawaiian Rolls 	<ul style="list-style-type: none"> • Chicken Fajita Bar • Grilled Chicken • Sautéed Onions & Peppers • Shredded Cheddar Cheese & Sour Cream • Rice Pilaf • Black Beans • Chips & Salsa • Dessert
WEDNESDAY	<ul style="list-style-type: none"> • Cereal, Oatmeal or Grits • Fresh Grapes • Nature Valley Granola Bar • Hard Boiled Eggs 	<ul style="list-style-type: none"> • Deli Sandwich - Sliced Turkey (Served w/ assorted cheese, lettuce, tomato, pickles) • Hummus w/ Celery & Carrots • Applesauce • Assorted Chips • Cookies 	<ul style="list-style-type: none"> • Pizza Night (Cheese, Veggie, Pepperoni, Supreme - Regular Crust) • Fresh Garden Salad • Ice Cream
THURSDAY	<ul style="list-style-type: none"> • Scrambled Eggs • Turkey or Pork Sausage • Stone Ground Grits • Croissants • Fresh Cantaloupe (May Vary - Based on Availability) 	<ul style="list-style-type: none"> • Power Bowl w/ Grilled Chicken Breast (Served with Chipotle & Avocado Ranch, & Fiesta Shredded Cheese) • Whole Grain Brown Rice • Corn Salad • Chips & Salsa 	<ul style="list-style-type: none"> • Turkey Chili (Served with Saltines, Cheddar Cheese, Sour Cream & Green Onions) • White Rice • Cauliflower, Carrot & Broccoli Vegetable Medley • Dessert
FRIDAY	<ul style="list-style-type: none"> • Scrambled Eggs • Stone Ground Grits • Turkey Sausage or Bacon • Buttermilk Pancakes • Fresh Chopped Pineapple (May Vary - Based on Availability) 	<ul style="list-style-type: none"> • Chopped Pork • (Protein Substitute Available for non-pork eaters) • Collard Greens • Yellow Rice • Sweet Hawaiian Roll 	<ul style="list-style-type: none"> • Southwest Citrus Chicken • Cilantro Lime Orzo • Fresh Garden Salad • Chips & Salsa • Dessert
SATURDAY	<ul style="list-style-type: none"> • Build Your Own Parfait (GF, DF) <ul style="list-style-type: none"> ◦ Assorted Yogurts, Cottage Cheese, Fresh Strawberries, Granola, Honey • Donuts • Hard Boiled Eggs 	<ul style="list-style-type: none"> • Traditional Southern Chicken Salad - Enjoy as a sandwich or over a fresh garden salad • Assorted Chips • Snack Cake 	<ul style="list-style-type: none"> • BBQ Chicken • Roasted Sweet Potatoes • Roasted Broccoli • Hawaiian Roll • Dessert
SUNDAY	<ul style="list-style-type: none"> • Jimmy Dean Breakfast Sandwich • Yogurt • Granola Bar 	<ul style="list-style-type: none"> • Deli Sandwich - Sliced Turkey (Served w/ assorted cheese, lettuce, tomato, pickles) • Potato Salad • Trail Mix • Cookies 	<ul style="list-style-type: none"> • Pizza Night (Cheese, Veggie, Pepperoni, Supreme - Regular Crust) • Fresh Garden Salad • Ice Cream

GF= Gluten-Free, DF= Reduced Added Sugar. Icons highlight items that naturally meet these guidelines. Severe allergies or specific dietary needs require direct communication with the caterer. Clients are responsible for choosing food appropriate for their individual dietary needs. Accommodations will be made when possible. Menus are subject to change; however, we will always strive to provide a consistent and enjoyable dining experience.

Week 3

BREAKFAST

LUNCH

DINNER

MONDAY

- Scrambled Eggs
- Turkey Sausage or Bacon
- Stone Ground Grits
- Hash Browns
- Fresh Watermelon

- ½ lb. Cheeseburgers (Served with American Cheese, Lettuce, Tomato, & Pickles)
- Mashed Potatoes
- Southern Style Green Beans

- Lemon-Herb Chicken
- Yellow Rice
- Herb-Buttered Baby Carrots
- Chips & Salsa
- Dessert

TUESDAY

- Scrambled Eggs
- Turkey or Pork Sausage
- Stone Ground Grits
- French Toast
- Cantaloupe (May Vary - Based on Availability)

- Vegetable Beef Stew
- Grilled Cheese Sandwich
- Fresh Garden Salad

- Traditional Chicken Pot Pie
- Fresh Garden Salad
- Garlic Cheese Bread
- Dessert

WEDNESDAY

- Cereal, Oatmeal or Grits
- Fresh Grapes
- Nature Valley Granola Bar
- Hard Boiled Eggs

- Deli Sandwich - Sliced Turkey (Served w/ assorted cheese, lettuce, tomato, pickles)
- Applesauce
- Fresh Garden Salad
- Assorted Chips
- Cookies

- Pizza Night (Cheese, Veggie, Pepperoni, Supreme - Regular Crust)
- Fresh Garden Salad
- Ice Cream

THURSDAY

- Scrambled Eggs
- Turkey or Pork Sausage
- Stone Ground Grits
- Biscuits & Gravy
- Watermelon (May Vary - Based on Availability)

- Power Bowl w/ Grilled Chicken Breast (Served with Chipotle & Avocado Ranch, & Fiesta Shredded Cheese)
- Whole Grain Brown Rice
- Corn Salad
- Chips & Salsa

- Southern Fried Bone-In Chicken Thighs
- Twice Baked Mac & Cheese
- Southern Collard Greens
- Sweet Hawaiian Roll
- Dessert

FRIDAY

- Scrambled Eggs
- Stone Ground Grits
- Turkey Sausage or Bacon
- Buttermilk Pancakes
- Fresh Chopped Pineapple (May Vary - Based on Availability)

- Savory Meatloaf
- Garlic Mashed Potatoes
- Garden Salad
- Hawaiian Roll

- Smothered Cheddar - Ranch Chicken
- Green Beans
- Rice Pilaf
- Garlic Cheese Bread
- Dessert

SATURDAY

- Build Your Own Parfait (GF, DF)
 - Assorted Yogurts, Cottage Cheese, Fresh Strawberries, Granola, Honey
- Donuts
- Hard Boiled Eggs

- Build your own Cobb Salad - Served w/ diced chicken & ham, peppers, cucumbers, tomato, cheese, hardboiled eggs, onion. Honey Mustard, Ranch and Italian Dressings
- Assorted Chips
- Lemon-Herb Orzo Salad
- Snack Cake

- Beef & 3 Cheese Lasagna
- Roasted Broccoli
- Fresh Garden Salad
- Garlic Cheese Bread
- Dessert

SUNDAY

- Jimmy Dean Breakfast Sandwich
- Yogurt
- Granola Bar

- Deli Sandwich - Sliced Turkey (Served w/ assorted cheese, lettuce, tomato, pickles)
- Assorted Chips
- Trail Mix
- Cookies

- Pizza Night (Cheese, Veggie, Pepperoni, Supreme - Regular Crust)
- Fresh Garden Salad
- Ice Cream

GF= GLUTEN-FREE, DF= REDUCED ADDED SUGAR. ICONS HIGHLIGHT ITEMS THAT NATURALLY MEET THESE GUIDELINES. SEVERE ALLERGIES OR SPECIFIC DIETARY NEEDS REQUIRE DIRECT COMMUNICATION WITH THE CATERER. CLIENTS ARE RESPONSIBLE FOR CHOOSING FOOD APPROPRIATE FOR THEIR INDIVIDUAL DIETARY NEEDS. ACCOMMODATIONS WILL BE MADE WHEN POSSIBLE. MENUS ARE SUBJECT TO CHANGE; HOWEVER, WE WILL ALWAYS STRIVE TO PROVIDE A CONSISTENT AND ENJOYABLE DINING EXPERIENCE.